

# CAAT COACHING AT A TOUCH

## OVERVIEW

A 3-month experience designed for new leaders and high potentials who are taking on expanded roles or authority. This engagement provides extremely useful support for people stepping into new or stretch assignments. It ensures the Coachee focuses on the right things, has a confidential partner for thinking through challenges and makes the best use of their skills while actively developing weaker areas.

## WHAT IS INCLUDED

- Upfront self-assessment with feedback from manager to identify initial coaching focus (strengths and development areas)
- 3 scheduled calls per month (45 minutes each)
- Each session to conclude with a practice/application commitment and specific areas for follow-up in the next call
- Coach will be available to strategize on interactions, communications and interpersonal relations

## UPFRONT COACHEE ASSESSMENT QUESTIONS

- What are their most critical strengths?
- Where do they most need to grow/develop?
- Success in this coaching work will look like ....

