



MICHAEL IAN CEDAR

COACH / FACILITATOR / SPEAKER

Michael Ian Cedar is an executive and leadership coach, skilled facilitator and keynote speaker, with 20 years of experience helping clients bring their professional and personal lives into alignment.

Combining high-energy passion with a non-judgemental approach, Michael helps clients tap into their potential to lead others, by focusing on their emotional intelligence, interpersonal relations, and managerial skills.

Michael honed his leadership, management and people skills through his work on the producing team of StarQuest, the nationally touring dance competition. His passion for developing other leaders led StarQuest to quadruple its business into a 65-city tour that now annually hosts over 40,000 performers. As the company manager for Broadway musical bus and truck tours that took shows to 130 cities a year, he excelled at bringing together diverse groups of creative people, in a high-pressure environment with little margin for error.

Michael helps leaders at all career stages to gain confidence by freeing them from unconscious limiting beliefs and behaviors, so they can get out of the way of their own success. In individually tailored sessions, he asks deep, unexpected questions that get to the core of the matter, so that clients can connect the dots and obtain new levels of clarity. His well-attuned observations of human behavior allow him to offer his clients fresh perspectives, opening doors that no one else yet knew existed.

Michael helps individuals and groups:

- Reconnect to purpose, passion and fulfillment
- Increase confidence in leadership capabilities
- Establish executive presence
- Discover blind spots
- Harness emotions in the workplace
- Lean into conflict and confrontation with ease
- Navigate change
- Improve work-life flow

Michael is experienced in working with diverse industries, including: arts and entertainment, video game development, pharmaceutical, customer service recovery, sales & hospitality, marketing & advertising, finance and real estate.

A graduate of AMDA in New York City, Michael is certified in The Myers-Briggs Type Indicator (MBTI) and well-practiced in the 360 Feedback Process.

A long-time resident of New York City where he lives with his wife, Lauren, Michael is never far from a good cup of tea while enjoying West Wing & Golden Girls reruns.

CLIENT TESTIMONIALS

I've been meeting with Michael weekly for 5 months now and I have seen a great improvement in my work life and happiness. Michael has helped coach me in many aspects of my work and personal life. He is an invaluable resource and I will be continuing to meet with him regularly. He has a genuine passion for his work and the people he works with, and I am happy to call him both a coach and now, a friend.

— Shak Khavarian, Senior Marketing Manager on Fortnite at Epic Games

Michael is an amazing executive coach. He has a mixture of theoretical knowledge and a bag of real-world-ready practical tips that can produce rapid progress. He is personable, patient, encouraging, and always a bundle of great energy and enthusiasm to effect positive change. In my brief coaching exercise with Michael, I could distinctly feel myself learning and growing in both managerial skills and leadership attitude, and most importantly, confidence. I would recommend Michael without reservation to anyone who is looking for a positive and effective coaching experience that produces tangible results.

— Abel Lee, Head of Financial Services Industry Partner Engagement at World Economic Forum

I highly recommend working with Michael, not only because he's an outstanding coach, but because he truly loves what he does - which in my case meant helping me figure out the best next steps to pursue a fulfilling career on my own terms. When I first started working with Michael, I quickly realized his immense talent for asking the right questions and "peeling back the layers" during each of my coaching sessions with him. He was extremely helpful in bringing clarity to my own career goals and defining a path forward so I could feel confident taking action and making decisions on my own. Michael's passion and enthusiasm for helping people shines through in every interaction that I had with him. If you're looking for some guidance on how to bring focus to your own career "next steps", book a few coaching sessions with Michael - you'll gain clarity (and peace of mind) in no time.

— Kristen Henkels, Customer Success at Knotel

CLIENT LIST

